

***Transition Readiness Awareness in Cardiac Kids (TRACK): Assessment of Current Transition Practices and Development and Implementation of a Transition Education Program in an Academic Pediatric Cardiology Clinic***

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The majority of patients born with congenital heart disease will survive into adulthood and require specialized cardiac care. However, the process of transitioning from pediatric to adult- oriented care is challenging and often fails. Patients are frequently lost to follow up during this time, putting them at risk for poor outcomes. Despite the significant consequences of failure to transition, there is limited evidence for what doctors can do to help patients. Our study aims to develop a transition program for patients with congenital heart disease at the Children's Hospital of Philadelphia. The transition program will be focused on development of a patient oriented transition curriculum. The goal of the curriculum is to help patients improve their own health literacy, develop skills for independent health care, and prepare for transition to adult- oriented care. We hope to assess the short term success of our program using a validated tool to assess transition readiness. In the long term, we hope that this will improve the rates of transition in this patient population and reduce the number of adverse outcomes.