Sun Habit Survey: Adult Marking Instructions								
Sun Habit Survey: Adult Marking Instructions	Your Name					•		
Sun Habit Survey: Adult Marking Instructions								
Sun Habit Survey: Adult Marking Instructions	Date / / / /							
Please use black or blue ink. Correct Incorrect ②	Month Day							
Please use black or blue ink. Correct	Sun Habit Su	ırvey: A	Adult					
The following questions ask about your views and habits about being out in the sun. The information you provide will help us understand what people are doing to prevent sun damage and skin cancer. All information will be kept private and confidential. Thank you for your help. Let's start with what you know about sun safety. For each of the following statements below, please fill in a true or false circle. True False 1. To work best, sunscreen needs a half hour to be absorbed by the skin. 2. You don't need to worry about skin cancer if you only go out for short periods of time (10 to 20 minutes). 3. A sun protection factor (SPF) rating of 15 or greater means you can stay outside for 3 hours without getting a burn. 4. People with light hair and light skin have the greatest risk of getting skin cancer. 5. Sunburn is painful, but not really harmful in the long run. 6. People who only go out in the sun for two weeks a year are not likely to get skin cancer. 7. Being in water provides natural sun protection. 8. Sun exposure during childhood can increase a person's chance of getting skin cancer later in life. We are interested in your views about sun exposure and sun safety. For each statement below, please fill in the one circle that best describes your view. How much do you agree with the following? Strongly Disagree Disagree Neutral Agree Strongly Agree 9. People are more attractive if they have a tan. 10. It's too much bother to put on a hat when I go outside. 10. It's too much bother to put on a hat when I go outside. 11. I find it difficult to protect myself from the sun. 12. Use sunscreen 13. Wear a shirt with sleeves 14. Wear a hat	Marking Instructions							
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14. Wear a hat			0	0	0	0		
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15 Waar cunglaceae			0					
16 II	15. Wear sunglasses		0	0	0	0		
16. Have a good base suntan O O O O O O O O O O O O O O O O O O								
17. Stay in the shade or under an umbrella OOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOO	•							

sun's rays are strongest, at mid-day		O	O	J	O
How much do you agree with the following statements?	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
19. Most people like me use sunscreen as protection from the sun when they are outdoors.	0	0	0	0	0
20. Most people like me wear hats as protection from the sur when they are outdoors.	¹ O	0	0	0	0
21. Most people like me cover up to protect themselves from the sun.	0	0	0	0	0

Sun Protection Habits

22. On average, how many hours we	re you in the sun bety	ween 10 a.m.	and 4 p.m. 1	ast summer?		
a. Hours per day in the sun from	10 a.m. to 4 p.m. on	WEEKDAY	'S			
O 1 or less	O 3	O 4	0 5) 6	
b. Hours per day in the sun from	10 a.m. to 4 p.m. on	WEEKEND	OS			
O 1 or less O 2	O 3	O 4	0.5		D 6	
When you are outdoors in the sun, each of the following?	how often do you do	•	Rarely or never	Sometimes	Usually	Always
23. Wear a shirt with sleeves			0	0	0	0
24. Wear sunglasses	1 11		0	0	0	0
25. Stay in the shade or under an um26. Wear sunscreen	brella		0	0	0	0
27. Wear a hat			0	0	0	0
28. Have you ever been told by your	doctor that you have	skin oonoor		O	O	O
O No	doctor that you have	SKIII Calicei	<u>'</u>			
O Yes If YES, what type?						
29. What is your natural hair color?						
O Red O Blonde O Light brown O Dark brown O Black						
30. What is the color of your eyes?						
O Green O Blue O Light brown O Dark brown O Black						
O Green O blue O Light blown O Dark blown O Black						
31. As a child, did you have more than one severe sunburn? (i.e. painful and/or blistering) O Yes O No						
32. What is the color of your untanno	ed skin?					
O Very fair O Fair	O Olive O D	ark C	Very dark	O Bl	ack	
33. After being in direct sunlight for			•			
O A severe burn with blistering	more than 50 minute	s, do you ge				
O A severe burn without blistering	าด					
O A mild burn but then tan or da						
O Tanned easily						
O Tanned slowly						
•	vou get a sunhum?					
34. How many times last summer did	-					

Background Information
35. Your sex:
O Male O Female
36. Date of birth: Month Day Year
37. Racial/Ethnic background: (Fill in the <u>one</u> best choice)
O Caucasian/White O Asian American
O Black O Other
O Hispanic
38. How much schooling do you have?
O Have not completed high school
O Completed high school
O Completed some college
O Graduated from a 4-year college
O Completed graduate school
O Other
39. Are you:
O Married O Divorced/widowed/separated O Never been married O Part of an unmarried couple
40. Do you have any children?
O No
O Yes If YES, how many children do you have?
41. Do you have any other comments?
Thank you for your assistance!

SHS Adult